

**LOKER UNIVERSITY STUDENT UNION, INC.**  
**NAP ROOM POLICY**

The nap room shall be designated space to support restorative wellness. The intended use is for brief napping in a semi-quiet environment.

Access to the nap room shall be limited to CSUDH enrolled students who register to become nap room users with the Loker Student Union, Inc. (LSU).

Nap pods shall be made available to registered users on a first-come, first-served basis. Nap pods shall be reserved for a maximum of thirty (30) minutes at a time, in non-consecutive sessions.

The following activities are prohibited in the Nap Room:

- Talking
- Excessive noise
- Consuming food or beverages, except water
- Photography, video recording, or live streaming
- Use of electronic devices
- Burning candles or incense
- Conduct that is disruptive to the intended purpose of the room

Personal items left in the room beyond an individual's reservation time shall be discarded.

Individuals who violate the nap room policy or terms of use shall lose privileges to use the nap room. The Director shall determine the duration of loss of privileges based on the nature of the violation.

Private use by either individuals or groups shall not be permitted.

Exceptions to this policy may be granted by the Director or their designee.